

**PROGRAM**

**INTERNATIONAL CONFERENCE ON  
“BODY AND MIND: SCIENCE AND  
SPIRITUALITY PERSPECTIVES”**

**DECEMBER 6 - 8, 2006**

**ROOM 105, MAHA CHULALONGKORN BUILDING,  
CHULALONGKORN UNIVERSITY**

**ORGANIZED BY THE THOUSAND STARS FOUNDATION  
AND THE CENTER FOR ETHICS OF SCIENCE AND  
TECHNOLOGY, FACULTY OF ARTS, CHULALONGKORN  
UNIVERSITY**

*Wednesday, December 6, 2006*

8.00 - 9.30

Registration

9.30 - 10.00

**Opening Ceremony/ Interfaith Readings**

Sulak Sivaraksa (Semsikkhalai)

Soraj Hongladarom (Thousand Stars  
Foundation & Chulalongkorn University)

Krisadawan Hongladarom (Thousand Stars  
Foundation & Chulalongkorn University)

Mark Hensman (Harrows International  
School)

10.00 - 10.45

**The New Sciences of Religious and  
Spiritual Phenomena**

William Grassie (Metanexus Institute)

Chair: Prapod Assavavirulhakarn  
(Chulalongkorn University)

10.45 - 11.15

Break

11.15 - 12.00

**Meditation, Contemplative Spirituality,  
and Brain Science**

Peter Grossenbacher (Naropa University)

Chair: Jean Kristeller (Indiana State  
University)

12.00 - 13.00

Lunch

12.30 - 13.30

**Press Conference: “Moonlight over Pine  
Trees and Beautiful Memories”** (A new  
collection of poems on Tibet and Tibetan  
Buddhism)

Organized by the Chulalongkorn Book  
Center

13.30 - 14.15

**Body and Mind Conference: Science and  
Spirituality Perspectives**

Siroj Sorajjakool (Loma Linda University)

Chair: Mark Hensman

14.15 - 14.30

Break

14.30 - 16.30	<i>Panel on Theravada Buddhism</i>		
	Chair: Ven. Dhammananda Bhikkhuni (Wat Songthamkalayani)	<i>Thursday, December 7, 2006</i>	
14.30 - 15.00	<b>Mind and Body in Theravada Buddhist Perspective</b>	9.00 - 12.00	<i>Panel on Tibetan Buddhism</i>
	Ven. Pematana Soorakkulame (University of Peradeniya)	9.00 - 9.45	Chair: Krisadawan Hongladarom
15.00 - 15.30	<b>The House Maker in Buddhist Teaching</b>		<b>Body and Mind from the Tibetan Perspective</b>
	Somparn Promta (Chulalongkorn University)	9.45 - 10.30	Thubten Phuntsog (Central Nationalities University)
15.30 - 16.00	<b>Buddhist Analysis of Mind</b>		<b>Bon Perspective on Healing and Medicine</b>
	Ven. Thich Nhat Tu (Vietnam Buddhist University)	10.30 - 11.00	Latri Geshe Nyima Dakpa Rinpoche (Menri Monastery, Bon Children's Home)
16.00 - 16.30	<b>Mind and Form in Buddhist Theory of Personality</b>	11.00 - 12.00	Break
	Ven. Thich Nu Hue Lien (Vietnam Buddhist University)		<b>Role of Meditation in Healing</b>
16.30 - 17.00	Break		Ven. Kunga Sangbo Rinpoche (Jyekundo Monastery & Tashi Gang Monastery)
17.00 - 19.00	<b>Special Public Lecture: Bon and Dzogchen: Towards Enlightened Mind from Tibetan Perspective</b>	12.00 - 13.00	<i>With translation from Tibetan into English</i>
	Latri Geshe Nyima Dakpa Rinpoche (Menri Monastery, Bon Children's Home)	13.00 - 13.30	Lunch
	<i>With translation from English into Thai</i>	13.30 - 16.00	<b>Music for Healing</b>
		13.30 - 14.15	<i>Panel on Healing and Spirituality (1)</i>
			Chair: Thubten Phuntsog
			<b>Healing the Mind</b>

	Sumalee Nimmanit (Mahidol University)		Chair: Siroj Sorajjakool
14.15 - 14.45	<b>AIDS and Buddhism: The Psychological Contribution of Buddhism to HIV/AIDS Prevention in Thailand</b>	16.30 - 17.00	<b>Sufficiency Economy: An Approach to Mind Cultivation</b>
	Carsten Klöpfer (University of Cologne)		Kaemthong Indaratna (Chulalongkorn University)
14.45 - 15.00	Break	17.00 - 17.30	<b>The Multi-Dimensional Leader</b>
15.00 - 16.30	<i>Panel on yoga and body-mind integration</i>		Pamela Hongsakul (Manager Media Group)
	Chair: James Boag	19.00 - 22.00	<b>Conference Dinner</b>
15.00 - 15.30	<b>Yoga and Yoga Therapy: A Practical Approach to Body-Mind Integration for the Holistic Healing and Positive Health</b>		
	Hiroshi Aikata (Thai Yoga Institute) and Veerapong Kraivit (Srinakarinwirote University)	<i>Friday, December 8, 2006</i>	
		9.00 - 10.45	<i>Panel on Education, Cognition and Spirituality</i>
			Chair: Peter Grossenbacher
15.30 - 16.00	<b>The Power to Change Lives: Kundalini Yoga as Taught by Yogi Bhajan</b>	9.00 - 9.45	<b>Beyond Self – A Spiritual Pedagogy for a Secular World</b>
	Sheila Rank, Karuna Thakwan Kaur, Mari-France Champagne, Danielle Wiedmann, and Nguyen Tien Nghia		Mark Hensman (Harrows International School)
16.00 - 16.30	<b>Re-programming the Nervous System with Hatha Yoga and Raja Yoga</b>	9.45-10.15	<b>Anticipating Cognition: Breaking Through from Curiosity to Prescience</b>
	James Boag (Yoga Elements Studio, Bangkok)		Kenneth Dobson (Christian University)
16.30 - 17.30	<i>Panel on Spirituality and Society</i>	10.15-10.45	<b>Human/Non-Human Interface: The Emergence of New Forms of Body and Mind</b>

	Arthur Saniotis (Christian University)		<b>Health</b>
10.45-11.15	Break		Vichit Punyahotra (Health Foundation)
11.15-12.00	<b>Spiritual Intelligence: Engaging Wisdom through Meditation</b>	16.15 - 16.45	<b>Living in Harmony with Chronic Illness through Self-Reiki: Experience from Working with HIV Positive Women in Thailand</b>
	Jean Kristeller (Indiana State University)		
12.00 - 13.00	Lunch		Preeya Kaewpimon, Arphorn
13.00 - 14.00	<i>Panel on Healing and Spirituality (2)</i>		Chuaprapaisilp, Praneed Songwathana (Prince of Songkhla University), Ruey J. Ryburn (University of Hawai'i)
	Chair: Sumalee Nimmanit		
13.00 - 13.30	<b>Reiki: A Simple Healing Method at the Service of All</b>	16.45 - 17.15	<b>Discussion &amp; Conclusion</b>
	Danielle Wiedmann and Marie-France Champagne (Asian Institute of Technology)		Chairs: Soraj Hongladarom and Mark Hensman
13.30 - 14.00	<b>Journaling: Writing as a Healing Art</b>	17.15 - 17.30	<b>Prayers for World Peace</b>
	Virginia Maripolsky (Bangkok Hospital)		
14.00 - 14.45	<b>Eating with Wisdom: Cultivating Mindful Eating</b>		
	Jean Kristeller		
14.45 - 15.15	Break		
15.15 - 15.45	<b>Dharmodynamics</b>		
	Vuthipong Preabjariyawat (The Millennium Institute)		
15.45 - 16.15	<b>Oriental Healing Art: Happiness and</b>		